

National Cyber Security

Awareness Month

October 2005



Top Ten Cyber Security Tips

1. Use "anti-virus" software and keep it up to date
2. Don't open emails or attachments from unknown sources
3. Protect your computer from internet intruders - use "firewalls"
4. Regularly download security updates and "patches" for operating systems and other software
5. Use hard-to-guess passwords. Mix upper case, lower case, numbers, or other characters not easily found in a dictionary, and make sure they are at least eight characters long
6. Back-up your computer data on disks or CDs regularly
7. Don't share access to your computers with strangers
8. Disconnect from the Internet when not in use
9. Check your security on a regular basis
10. Make sure your family members and/or employees know what to do when their computer becomes infected

Report all Cyber Security Incidents to:

ITS Help Desk
801-538-3440

OR via email
incident@utah.gov

When you report an incident, please have the following:

Your name, phone #, and email address
Characteristics of incident
Date and time incident was detected
Scope of Impact
Nature of Incident
What assistance we can offer

DTS